

Meals with Meaning Question Ideas

FAMILY

During these unprecedented COVID-19 times, you might find yourself having meals as a family around the table more often than usual. This is an ideal opportunity for conversation, sharing, and getting to know one another even better. Following are some conversation starters to get everyone talking and sharing. If a particular question doesn't get the conversation flowing, simply move to another one. Also, if you feel led to pray for someone during the meal, simply pause the conversation and say a quick prayer.

1. If you could have any superpower, what would it be?
2. If you could eat just one food every day for a month and nothing else, what would it be?
3. If you could pick your own name, what would it be?
4. If you could have any pet, what would you choose and why?
5. What is something you want to learn how to do and why?
6. What do you know more about that your parents?
7. If you were asked to design a new theme park ride for Disneyland, what would your ride be like?
8. Let's pretend you joined the circus and were offered any job you wanted! Which job would you choose?
9. What is your favorite holiday and why?
10. If you could go anywhere in the world, where would it be?

Going Deeper Questions

1. Each kid tells how they think their parents met. Parents go last.
2. If you could ask God one question, what would it be?
3. What is the best gift you've ever received? What is the best gift you've ever given?
4. What is your biggest fear and why?
5. How can we pray for you today?
6. What is your favorite thing about our family?
7. What is your greatest strength and why?
8. Who is one person you are grateful for today and why?

Many of these questions came from *Finding Time to Fly*. If you'd like to see more questions, here's a link to all 50 questions: findingtimetofly.com/conversation-starters-for-family-dinner-time/