

# TEENS

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## TECH CONNECT

### **BEST USE**

As an activity with older children & teens

### **VALUE**

Equips parents to discuss how to use technology in a God-honoring manner

### **ADVANCE PREPARATION**

- Schedule a time to connect with your child over a favorite treat.
- Gather items: Bible, computer, smart phone, and/or video game system.

### **SERVE IT UP:**

Follow the simple steps on the back of this page for a great experience.

## **STEP ONE: TALK ABOUT IT**

Use this time to connect with your child through conversation about positive uses of technology.

## **STEP TWO: PLAY**

Ask your child what game they like to play on a technology device, whether on their smart phones, computer, or video games. Play that game or find a new game that you can enjoy together. Consider playing a game like Yahtzee, Scrabble, or other digital version of board games found on the app stores.

## **STEP THREE: LISTEN**

Ask your child what song(s) they enjoy listening to. Spend time searching and listening to music while looking at the lyrics. Ask them which current, popular songs have offensive/questionable or God-honoring lyrics. Check out the top Christian songs together and the free **Air1 app** for a good variety of current popular music or follow the **HCBC Worship** playlist on Spotify.

## **STEP FOUR: READ**

Read 1 Corinthians 10:31 together: "So whether you eat or drink or whatever you do, do it all for the glory of God."

## **STEP FIVE: DISCUSS**

Discuss how to use technology in a manner that honors God. Consider having your child complete the "Reboot Plan" to help guide their technology use.

## **STEP SIX: PRAY**

End your time together thanking God for your family and asking Him to help you stay connected and help you avoid using technology in ways that might dishonor Him.

